

2023 Wright County Conference West

May 16th - Watertown-Mayer

Girls

1. Litchfield	129.5
2. Rockford	117.5
3. Annandale	112
4. Howard Lake-Waverly-Winsted	94.5
5. New London-Spicer	83.5
6. Dassel-Cokato	75
7. Glencoe-Silver Lake	49
8. Watertown-Mayer	40

Boys

1. Rockford	164
2. Annandale	120.5
3. Dassel-Cokato	110.5
4. Howard Lake-Waverly-Winsted	107.5
5. Litchfield	94.5
6. New London-Spicer	46
7. Glencoe-Silver Lake	40
8. Watertown-Mayer	19

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Monte Gillman 11 Dassel-Cokato 10.85
- 2 Brian Schloeder 11 Rockford 11.13
- 3 Ethan Scarbrough 12 Rockford 11.49
- 4 Frank Terwey 11 Glencoe-Silver Lake 11.67
- 5 Joe Healy 11 Annandale 11.69
- 6 Brycen Christensen 12 New London-Spicer 11.82
- 7 Carter Herman 11 New London-Spicer 11.84
- 8 Simon Morgan 9 Rockford 11.85
- 9 Bruce Burau 11 Howard Lake-Waverly-Winst 11.87
- 10 Ashton Edmonson 12 Annandale 12.06
- 11 Isaiah Wendlandt 12 New London-Spicer 12.16
- 12 Timmy Webber 9 Howard Lake-Waverly-Winst 12.20
- 13 Isaiah Karels 11 Howard Lake-Waverly-Winst 12.21
- 14 Kenden Schultz 9 Dassel-Cokato 12.26
- 15 Roland Platzer 10 Watertown-Mayer 12.36
- 16 Michael Kovall 9 Annandale 12.40
- 17 Ty Penk 9 Litchfield 12.41
- 18 Tristan Taber 11 Glencoe-Silver Lake 12.45
- 19 Nathaniel Grimsley 12 Watertown-Mayer 12.58
- 20 Miguel Arandia 11 Glencoe-Silver Lake 12.72
- 21 Brady Johnson 9 Watertown-Mayer 13.35
- 22 Gavin Terning 9 Litchfield 13.58

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Raina Kaping 12 Litchfield 12.92
- 2 Ellie Sonju 12 Glencoe-Silver Lake 12.96
- 3 Mylea Monahan 10 Glencoe-Silver Lake 13.10
- 4 Miah Palacios 8 Annandale 13.21
- 5 Lillia Chvatal 12 Litchfield 13.29
- 6 Elia Happe 10 Annandale 13.43
- 7 Katelyn Delzer 9 New London-Spicer 13.44
- 8 Emma Madison 10 New London-Spicer 13.45

- 9 Carlie Hermes 9 Annandale 13.58
- 10 Riley Freed 8 Rockford 13.64
- 11 Justine Miller 11 Rockford 13.65
- 12 Brooke Bollman 10 Dassel-Cokato 13.75
- 13 Ellary Peterson 12 New London-Spicer 13.76
- 14 Ava Danielson 11 Watertown-Mayer 13.87
- 15 Maggie Ireland 12 Howard Lake-Waverly-Winst 13.87
- 16 Alexis Boonstra 9 Howard Lake-Waverly-Winst 13.97
- 17 Lydia Schultz 9 Litchfield 14.03
- 18 Lydia Schmatz 10 Rockford 14.16
- 19 Devinity Butturff 9 Howard Lake-Waverly-Winst 14.22
- 20 Ava Clark 9 Watertown-Mayer 14.36
- 21 Mackenzie Hartl 12 Dassel-Cokato 14.39
- 22 Serena Millani 12 Glencoe-Silver Lake 15.77
- 23 Amiah Watne 9 Watertown-Mayer 16.20
- 24 Meagan Westling 9 Dassel-Cokato 16.39

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Blake Aller 11 Litchfield 22.00
- 2 Monte Gillman 11 Dassel-Cokato 22.34
- 3 Collin Boese 12 Howard Lake-Waverly-Winst 23.15
- 4 Ethan Scarbrough 12 Rockford 23.23
- 5 Ciro Fernandes Bielack 11 Dassel-Cokato 23.85
- 6 Uriel Martinez 10 Glencoe-Silver Lake 24.00
- 7 Markus Ailie 11 Dassel-Cokato 24.14
- 8 Zach Rheault 11 Howard Lake-Waverly-Winst 24.27
- 9 Griffin Mayhew 9 New London-Spicer 24.28
- 10 Bryan Martinez 11 Annandale 24.37
- 11 Bruce Burau 11 Howard Lake-Waverly-Winst 24.63
- 12 Mason Delzer 11 New London-Spicer 24.69
- 13 Ryan Schuman 10 Rockford 24.70
- 14 Jack Jewison 11 Watertown-Mayer 24.85
- 15 Dalton Larson 10 Rockford 25.08
- 16 Nathaniel Grimsley 12 Watertown-Mayer 25.11
- 17 Adam Braun 12 Annandale 25.15
- 18 John Terwey 9 Glencoe-Silver Lake 25.31
- 19 Tristan Taber 11 Glencoe-Silver Lake 25.36
- 20 Owen Pederson 9 Annandale 25.56
- 21 Braden Long 10 New London-Spicer 26.08
- 22 Lincoln Schinze 10 Watertown-Mayer 27.87

Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Mylea Monahan 10 Glencoe-Silver Lake 26.32
- 2 Raina Kaping 12 Litchfield 26.92
- 3 Miah Palacios 8 Annandale 27.10
- 4 Katelyn Delzer 9 New London-Spicer 27.39
- 5 Lillia Chvatal 12 Litchfield 27.40
- 6 Brooke Mickolichek 8 Glencoe-Silver Lake 27.45
- 7 Sydney Norgren 12 Annandale 27.57
- 8 Saraven Christensen 10 Dassel-Cokato 27.94
- 9 Kate Neuman 10 Annandale 28.18
- 10 Ayla Caskey 9 New London-Spicer 28.52
- 11 Anne Guggemos 8 Howard Lake-Waverly-Winst 28.66
- 12 Abby Plahn 9 Watertown-Mayer 29.13
- 13 Makayla Huber 10 Rockford 29.20
- 14 Ava Danielson 11 Watertown-Mayer 29.25

- 15 Ava Clark 9 Watertown-Mayer 29.35
- 16 Josie Bjorkman 8 Litchfield 29.68
- 17 Laina Aho 11 Dassel-Cokato 29.84
- 18 Mackenzie Parks 7 Howard Lake-Waverly-Winst 29.84
- 19 Lydia Schmatz 10 Rockford 29.90
- 20 Ava Sonju 7 Glencoe-Silver Lake 30.01
- 21 Maggie Ireland 12 Howard Lake-Waverly-Winst 30.17
- 22 Lucy Pennings 8 Rockford 30.47
- 23 Meagan Westling 9 Dassel-Cokato 33.91

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Graham Zuehlke 11 Annandale 49.73
- 2 Blake Aller 11 Litchfield 51.05
- 3 Henry Skinner 12 Rockford 52.80
- 4 Garrison Jackman 11 Litchfield 52.97
- 5 Lukas Kuehl 11 Litchfield 53.17
- 6 Markus Ailie 11 Dassel-Cokato 54.08
- 7 Griffin Zuehlke 9 Annandale 54.53
- 8 Daniel Vanderwerf 10 New London-Spicer 55.35
- 9 Alex Rueckert 12 Watertown-Mayer 56.14
- 10 Ben Wookey 11 New London-Spicer 56.34
- 11 Rylan Gifford 10 Rockford 56.59
- 12 Nate Nelson 10 New London-Spicer 56.68
- 13 Adan Cortez 12 Glencoe-Silver Lake 58.18
- 14 Zach Hilgers 11 Watertown-Mayer 58.19
- 15 Hale Davidson 12 Annandale 58.66
- 16 Liam Christopherson 11 Howard Lake-Waverly-Winst 58.90
- 17 Logan Diers 9 Howard Lake-Waverly-Winst 59.38
- 18 Roland Platzer 10 Watertown-Mayer 59.76
- 19 William Urban 12 Glencoe-Silver Lake 1:00.31
- 20 Tomas Lopez jr 10 Glencoe-Silver Lake 1:03.94
- 21 Cole Tauber 12 Rockford 1:04.35
- 22 Henry Maus 12 Howard Lake-Waverly-Winst 1:05.95

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Kayla Reuss 10 New London-Spicer 1:03.28
- 2 Anne Guggemos 8 Howard Lake-Waverly-Winst 1:04.17
- 3 Kyla Zillmer 9 Howard Lake-Waverly-Winst 1:04.71
- 4 Addison Modrow 7 Rockford 1:04.95
- 5 Anabelle Koshiol 10 Rockford 1:05.66
- 6 Alaina Koch 9 Howard Lake-Waverly-Winst 1:05.81
- 7 Josy Turck 7 Litchfield 1:06.18
- 8 Brooke Henson 11 Annandale 1:06.20
- 9 Kira Frisbie 12 Watertown-Mayer 1:07.21
- 10 Olivia Wanous 10 Glencoe-Silver Lake 1:08.31
- 11 Thelia Johnson 10 Annandale 1:09.21
- 12 Anna Sorgatz 10 Litchfield 1:09.70
- 13 Kala Ziegler 9 Litchfield 1:10.28
- 14 Allie Campbell 12 Rockford 1:10.29
- 15 Addison Peltier 9 New London-Spicer 1:11.21
- 16 Zoe Nothdurft 12 Watertown-Mayer 1:12.44
- 17 Anna Sievert 10 Glencoe-Silver Lake 1:13.45
- 18 Callie Jensen 10 Annandale 1:13.52
- 19 Rayya Nieland 9 New London-Spicer 1:13.52
- 20 Annabelle Hubert 10 Watertown-Mayer 1:21.36

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Chase Deiter 12 Howard Lake-Waverly-Winst 2:00.75
- 2 Will Massman 12 Annandale 2:03.43
- 3 Ryan Neuman 12 Annandale 2:04.06
- 4 Owen Fahey 11 Annandale 2:07.60
- 5 Micah Schmidt 9 Watertown-Mayer 2:10.47
- 6 Tyler Mager 10 Rockford 2:14.55
- 7 Ethan Knudsen 11 Litchfield 2:15.42
- 8 Luke Jewison 10 Watertown-Mayer 2:19.91
- 9 Robbie Ferdig 11 Rockford 2:20.11
- 10 Colton Braun 10 Rockford 2:21.49
- 11 Jack Boonstra 11 Howard Lake-Waverly-Winst 2:22.87
- 12 Taylor Daucsavage 10 New London-Spicer 2:23.22
- 13 Reuben Nelson 12 Dassel-Cokato 2:23.64
- 14 Tate Koivisto 10 Dassel-Cokato 2:24.19
- 15 Michael Headlee 12 Glencoe-Silver Lake 2:26.47
- 16 Isaiah Pererva 10 Dassel-Cokato 2:27.53
- 17 Griffin Guetzkow 9 Watertown-Mayer 2:30.30
- 18 Edwin Izazaga 10 Litchfield 2:32.61
- 19 Rylan Plumley-Champagne 9 New London-Spicer 2:41.48
- 20 Boaz Rakow 10 Glencoe-Silver Lake 2:41.91
- James Lukach 10 Howard Lake-Waverly-Winst DNS

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Victoria Thorson 9 Howard Lake-Waverly-Winst 2:29.85
- 2 Claire Thompson 9 Annandale 2:30.89
- 3 Ava Fiecke 9 Howard Lake-Waverly-Winst 2:35.94
- 4 Kelly Kraemer 11 Dassel-Cokato 2:36.89
- 5 Lauryn Wittnebel 9 Rockford 2:39.40
- 6 Elizabeth Smith 11 Rockford 2:40.67
- 7 Natalie Lockwood 8 Rockford 2:42.62
- 8 Amanda Ashwill 10 Dassel-Cokato 2:43.11
- 9 Abby Woefel 11 Litchfield 2:45.41
- 10 Jocie Wheeler 10 Annandale 2:46.19
- 11 Tynisa Lara 12 Litchfield 2:50.85
- 12 Ellie Lommel 9 Watertown-Mayer 2:51.54
- 13 Kendyl Olson 11 Watertown-Mayer 2:53.17
- 14 Janey Carlson 9 Annandale 2:54.41
- 15 Madyson Woelfel 9 New London-Spicer 2:56.20
- 16 Mckenna Doty 10 New London-Spicer 2:59.73
- 17 Narena Anderson 11 Dassel-Cokato 3:01.23
- 18 Abbie Bobrowske 10 Howard Lake-Waverly-Winst 3:02.34
- 19 Adeline Burman 9 Watertown-Mayer 3:03.14
- 20 Alexys Thompson 11 New London-Spicer 3:06.78
- 21 Samantha Mattson 9 Glencoe-Silver Lake 3:08.69
- 22 Nicole Frieler 9 Glencoe-Silver Lake 3:21.08

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Sal Wirth 10 Annandale 4:29.63
- 2 Soren Bortnem 11 Dassel-Cokato 4:47.63
- 3 Charlie Bortnem 9 Dassel-Cokato 4:51.48
- 4 Charles Matzke 11 Glencoe-Silver Lake 4:56.73
- 5 August Swenson 9 Litchfield 4:56.81

- 6 Grady Dawson 10 Rockford 4:59.09
- 7 Calvin Johnson 9 Dassel-Cokato 5:01.33
- 8 Cayden Ellos 9 Rockford 5:12.76
- 9 Logan Anderson 12 Annandale 5:17.52
- 10 Caleb Barnhart 11 Watertown-Mayer 5:20.74
- 11 Carson Wendler 9 Howard Lake-Waverly-Winst 5:26.73
- 12 David Zerwas 10 Glencoe-Silver Lake 5:28.04
- 13 Parker Jackson 10 Watertown-Mayer 5:37.18
- 14 Kole Christensen 9 Glencoe-Silver Lake 5:38.34
- 15 Cody Sneller 10 Annandale 5:41.00
- 16 Cade Kuznia 10 Howard Lake-Waverly-Winst 5:41.97
- 17 Grant Pogreba 10 Watertown-Mayer 5:43.98
- 18 Isaac Taatjes 9 New London-Spicer 6:25.66
- James Lukach 10 Howard Lake-Waverly-Winst DNS

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Olivia Minear 11 Annandale 5:23.62
- 2 Ivy Fasching 12 Howard Lake-Waverly-Winst 5:25.21
- 3 Imari Herrmann 11 Annandale 5:44.50
- 4 Emily Trocke 9 Dassel-Cokato 5:46.18
- 5 Ruby Gifford 10 Rockford 5:49.69
- 6 Amanda Ashwill 10 Dassel-Cokato 5:58.44
- 7 Taylor Munsch 9 New London-Spicer 6:01.84
- 8 Kate Jenkins 12 Dassel-Cokato 6:05.27
- 9 Kimberlyn Case 11 Litchfield 6:10.00
- 10 Haedyn Barkeim 11 Rockford 6:21.80
- 11 Lily Ekert 12 Annandale 6:29.02
- 12 Bryn Domjahn 11 Watertown-Mayer 6:34.03
- 13 Emily Gratton 10 New London-Spicer 6:42.09
- 14 Addie Leuthner 10 Watertown-Mayer 6:52.24
- 15 Coral Schwinn 11 Howard Lake-Waverly-Winst 6:56.25
- 16 Alexys Thompson 11 New London-Spicer 7:15.88
- 17 Claire Verdeck 11 Glencoe-Silver Lake 7:31.99
- 18 Eleonora Dell'Orso 12 Glencoe-Silver Lake 8:03.42
- Maddy Bean 10 Watertown-Mayer DNS

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Sal Wirth 10 Annandale 10:24.00
- 2 Soren Bortnem 11 Dassel-Cokato 10:28.66
- 3 Charlie Bortnem 9 Dassel-Cokato 10:33.95
- 4 Charles Matzke 11 Glencoe-Silver Lake 10:55.10
- 5 Nicodemus Johnson 9 Dassel-Cokato 10:56.35
- 6 Grady Dawson 10 Rockford 10:59.95
- 7 Connor Ellos 8 Rockford 11:05.47
- 8 August Swenson 9 Litchfield 11:12.70
- 9 Gabriel Michels 11 Howard Lake-Waverly-Winst 11:21.24
- 10 Landon Eliason 8 New London-Spicer 11:25.71
- 11 Walker Greeley 10 New London-Spicer 11:28.01
- 12 Benton Freitag 9 Glencoe-Silver Lake 11:42.41
- 13 Jackson Eldred 8 Howard Lake-Waverly-Winst 11:42.82
- 14 Easton Zeidler 11 Annandale 12:12.23
- 15 Carson Wendler 9 Howard Lake-Waverly-Winst 12:12.37
- 16 Caleb Lindeman 11 Glencoe-Silver Lake 12:31.87

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

- 1 Madison LeSage 11 Howard Lake-Waverly-Winst 11:55.74
- 2 Elsa Helstrom 7 Litchfield 12:33.07
- 3 Maiya Roelofs 7 Rockford 12:39.01
- 4 Emily Trocke 9 Dassel-Cokato 12:40.41
- 5 Peyton Dahl 10 New London-Spicer 12:44.89
- 6 Mariah Klippenes 10 Annandale 12:59.15
- 7 Abby Thoma 9 Litchfield 13:03.70
- 8 Stella Moline 8 New London-Spicer 13:09.45
- 9 Lindsay Minear 9 Annandale 13:11.84
- 10 Kate Jenkins 12 Dassel-Cokato 13:34.95
- 11 Emersyn Hagen 10 New London-Spicer 13:38.19
- 12 McKayla Kruger 12 Litchfield 14:02.71
- 13 Maelee Streufert 9 Glencoe-Silver Lake 14:09.01
- 14 Marissa Brinkmann 11 Glencoe-Silver Lake 14:15.30
- 15 Izzie Wheeler 10 Annandale 14:24.53
- 16 Amber Gnitka 11 Howard Lake-Waverly-Winst 14:31.41

Varsity Girls 100m Hurdles Finals

Athlete Yr Team Mark

- 1 Mary Rauschendorfer 9 Dassel-Cokato 17.01
- 2 Maggie McCabe 11 Watertown-Mayer 17.10
- 3 Riley Joyer 10 Litchfield 17.40
- 4 Natalie Woodward 8 Rockford 17.50
- 5 Laina Aho 11 Dassel-Cokato 17.76
- 6 Rylee O'Konek 10 Annandale 17.81
- 7 Eleanor Madsen 11 New London-Spicer 17.96
- 8 Aubrey Kourtjian 9 Annandale 18.09
- 9 Alexandra Schloeder 10 Rockford 18.31
- 10 Madisynne Gallagher 8 Dassel-Cokato 18.71
- 11 Madison Buehler 9 Howard Lake-Waverly-Winst 18.74
- 12 Mackenzie Parks 7 Howard Lake-Waverly-Winst 18.93
- 13 Olivia Remer 8 Howard Lake-Waverly-Winst 18.96
- 14 Elise Carlson 7 Litchfield 19.56
- 15 Claire Rolighed 11 New London-Spicer 19.58
- 16 Averie Turner 9 New London-Spicer 19.77
- 17 Alyssa Kent 11 Annandale 20.64

Varsity Boys 110m Hurdles Finals

Athlete Yr Team Mark

- 1 Brandon Knott 12 Howard Lake-Waverly-Winst 15.71
- 2 Hayden Brown 11 Howard Lake-Waverly-Winst 16.15
- 3 Mick Gallagher 10 Dassel-Cokato 16.32
- 4 Darius Alston 10 Annandale 16.58
- 5 Erik Asplin 11 Dassel-Cokato 16.99
- 6 Ty Kulavik 11 Rockford 17.45
- 7 Preston Linder 12 New London-Spicer 18.04
- 8 Liam Macik 8 New London-Spicer 19.07
- 9 Jacob Elwell 11 Litchfield 19.14
- 10 Jaxon Knott 9 Howard Lake-Waverly-Winst 19.43
- 11 Bruce Jorgensen 10 Dassel-Cokato 19.96
- 12 Charlie Brun 9 Rockford 20.04
- 13 Jack Van Nurden 8 New London-Spicer 20.54
- 14 Jacob Kent 9 Annandale 22.09
- Keaton Miller 10 Annandale DNS

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Brandon Knott 12 Howard Lake-Waverly-Winst 40.00
- 2 Erik Asplin 11 Dassel-Cokato 41.16
- 3 Darius Alston 10 Annandale 41.99
- 4 Hayden Brown 11 Howard Lake-Waverly-Winst 43.51
- 5 Mick Gallagher 10 Dassel-Cokato 44.74
- 6 Ty Kulavik 11 Rockford 44.75
- 7 Ethan Robran 8 Rockford 45.82
- 8 Preston Linder 12 New London-Spicer 46.63
- 9 Jaxon Knott 9 Howard Lake-Waverly-Winst 47.08
- 10 Brodie Werner 8 Glencoe-Silver Lake 47.60
- 11 Max Ladman 8 Rockford 48.11
- 12 Jacob Elwell 11 Litchfield 48.42
- 13 Liam Macik 8 New London-Spicer 48.69
- 14 Elijah Slinden 11 Litchfield 49.10
- 15 Alexander Arandia 9 Glencoe-Silver Lake 50.65
- 16 Jack Van Nurden 8 New London-Spicer 51.46
- 17 Jacob Kent 9 Annandale 52.49
- Keaton Miller 10 Annandale DNS

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Mylea Monahan 10 Glencoe-Silver Lake 46.79
- 2 Mary Rauschendorfer 9 Dassel-Cokato 49.40
- 3 Eleanor Madsen 11 New London-Spicer 50.25
- 4 Maggie McCabe 11 Watertown-Mayer 50.62
- 5 Rylee O'Konek 10 Annandale 51.27
- 6 Natalie Woodward 8 Rockford 51.46
- 7 Kimberly Aho 11 Dassel-Cokato 52.79
- 8 Alexandra Schloeder 10 Rockford 53.37
- 9 Riley Joyer 10 Litchfield 53.48
- 10 Ayla Roediger 9 New London-Spicer 53.88
- 11 Shelby Dengerud 11 Litchfield 53.88
- 12 Claire Rolighed 11 New London-Spicer 55.17
- 13 Aubrey Kourtjian 9 Annandale 55.26
- 14 Olivia Remer 8 Howard Lake-Waverly-Winst 57.05
- 15 Alyssa Kent 11 Annandale 58.31
- 16 Ava Ranzau 10 Glencoe-Silver Lake 1:00.34

Varsity Boys 4x100m Relay Finals

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Team Time

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- 1 Dassel-Cokato 43.68
- 2 Rockford 43.71
- 3 Howard Lake-Waverly-Winsted 44.80
- 4 New London-Spicer 45.17
- 5 Annandale 45.46
- 6 Glencoe-Silver Lake 46.36
- 7 Litchfield 48.34
- 8 Watertown-Mayer 53.15

Varsity Girls 4x100m Relay Finals

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Team Time

=====

- 1 New London-Spicer 50.81
- 2 Litchfield 51.47

- 3 Annandale 52.68
- 4 Rockford 53.21
- 5 Dassel-Cokato 53.69
- 6 Howard Lake-Waverly-Winsted 53.73
- 7 Glencoe-Silver Lake 53.95
- 8 Watertown-Mayer 1:03.04

Varsity Boys 4x200m Relay Finals

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Team Time
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- 1 Howard Lake-Waverly-Winsted 1:31.87
- 2 Dassel-Cokato 1:34.80
- 3 Glencoe-Silver Lake 1:35.14
- 4 Litchfield 1:35.86
- 5 Annandale 1:38.61
- 6 Rockford 1:38.63
- 7 New London-Spicer 1:41.34
- 8 Watertown-Mayer 1:56.61

Varsity Girls 4x200m Relay Finals

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Team Time
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- 1 Annandale 1:50.60
- 2 Dassel-Cokato 1:51.23
- 3 Rockford 1:53.27
- 4 Glencoe-Silver Lake 1:54.67
- 5 Howard Lake-Waverly-Winsted 1:55.21
- 6 Litchfield 1:58.48
- 7 New London-Spicer 1:59.08
- 8 Watertown-Mayer 2:14.27

Varsity Boys 4x400m Relay Finals

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Team Time
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- 1 Litchfield 3:28.67
- 2 Howard Lake-Waverly-Winsted 3:29.41
- 3 Annandale 3:32.81
- 4 Rockford 3:45.73
- 5 New London-Spicer 3:49.15
- 6 Glencoe-Silver Lake 3:52.15
- 7 Watertown-Mayer 3:53.32
- 8 Dassel-Cokato 4:01.07

Varsity Girls 4x400m Relay Finals

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Team Time
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- 1 Dassel-Cokato 4:16.51
- 2 Howard Lake-Waverly-Winsted 4:17.38
- 3 New London-Spicer 4:19.34
- 4 Annandale 4:25.21
- 5 Rockford 4:26.68
- 6 Litchfield 4:27.66
- 7 Glencoe-Silver Lake 4:38.01
- 8 Watertown-Mayer 4:45.94

Varsity Boys 4x800m Relay Finals

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Team Time
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- =====
- 1 Annandale 8:57.83
 - 2 New London-Spicer 9:04.39
 - 3 Rockford 9:05.34
 - 4 Howard Lake-Waverly-Winsted 9:05.98
 - 5 Dassel-Cokato 9:15.56
 - 6 Litchfield 9:22.93
 - 7 Glencoe-Silver Lake 9:23.53
 - 8 Watertown-Mayer 9:46.61

Varsity Girls 4x800m Relay Finals

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Team Time

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- 1 Howard Lake-Waverly-Winsted 10:01.99
- 2 Annandale 10:08.25
- 3 Rockford 10:27.41
- 4 New London-Spicer 10:27.76
- 5 Litchfield 10:52.24
- 6 Glencoe-Silver Lake 11:36.95
- 7 Watertown-Mayer 11:49.56

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark

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- 1 TJ Christensen 11 Litchfield 56-9
- 2 Aaron Higgins 12 Glencoe-Silver Lake 52-1
- 3 Josiah Zilmer 11 Rockford 46-0.5
- 4 Joey Meier 12 Watertown-Mayer 44-11
- 5 Nathan Woodward 11 Rockford 44-5.5
- 6 Harrison Brun 11 Rockford 44-2
- 7 Noah Dietel 9 Litchfield 43-8.5
- 8 Devan Nguyen 12 Dassel-Cokato 43-1.5
- 9 Zach Milner 12 Annandale 40-11.5
- 10 Isaac Cain 12 Howard Lake-Waverly-Winst 40-5.5
- 11 Gavin Wang 10 Annandale 40-5.5
- 12 Jacob Dietel 11 Litchfield 40-0
- 13 Octavius Winston 10 Dassel-Cokato 39-9
- 14 Seth Millerbernd 11 Howard Lake-Waverly-Winst 39-7
- 15 Lucas Swenson 11 New London-Spicer 39-4
- 16 Dane Petersen 12 Glencoe-Silver Lake 38-10
- 17 Garret Leenstra 9 New London-Spicer 37-3
- 18 Shane Koeppe 12 Howard Lake-Waverly-Winst 37-0.5
- 19 Dylan Bargmann 9 Glencoe-Silver Lake 37-0
- 20 Kyler Burmeister 10 Watertown-Mayer 36-8.5
- 21 Braden Long 10 New London-Spicer 36-7.5
- 22 Deacon O'Brien 11 Watertown-Mayer 36-6.5
- 23 Kyle Dahlin 12 Dassel-Cokato 36-5.5
- 24 Ethan Olson 12 Annandale 35-3.5

Varsity Girls Shot Put Finals

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Athlete Yr Team Mark

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- 1 Jaelyn Baseman 12 Litchfield 38-7
- 2 Lexi Koch 11 Howard Lake-Waverly-Winst 35-6.5
- 3 Grace Schmidt 11 Litchfield 34-3
- 4 Kate Jonas 12 Annandale 33-9.5
- 5 Madelynn Onell 11 Watertown-Mayer 33-6
- 6 Mckenna Evans 8 Rockford 33-5.5
- 7 Dayne Lowe 12 Rockford 30-8

- 8 Emma Kallio 12 Howard Lake-Waverly-Winst 30-5
- 9 Alaina Voss 12 Glencoe-Silver Lake 30-2
- 10 Isabella Ruacho 12 Dassel-Cokato 29-9
- 11 Emmy Bertram 9 Annandale 29-3
- 12 Katelynn Tortorella 12 New London-Spicer 29-1
- 13 Alicia Langbehn 12 Annandale 28-9
- 14 Grace Reither 10 Howard Lake-Waverly-Winst 28-5
- 15 Kaisa Salmen 11 Dassel-Cokato 27-11
- 16 Cloe Williams 11 New London-Spicer 26-5
- 17 Josie Gedde 9 Dassel-Cokato 26-0
- 18 Lily Christensen 8 Litchfield 25-8
- 19 Jaqueline Lemke 12 Glencoe-Silver Lake 23-10
- 20 Claire Vanderlinde 10 Watertown-Mayer 23-6
- 21 Arienna Gould 9 New London-Spicer 22-6.5
- 22 Claudia Bravo Barrios 12 Glencoe-Silver Lake 20-4
- Mallory Czinano 11 Watertown-Mayer DNS

Varsity Boys Discus Finals

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Athlete Yr Team Mark

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- 1 TJ Christensen 11 Litchfield 166-9
- 2 Josiah Zilmer 11 Rockford 139-3
- 3 Jacob Dietel 11 Litchfield 133-8
- 4 Gavin Wang 10 Annandale 130-6
- 5 Nathan Woodward 11 Rockford 126-7
- 6 Patrick Andry 12 Rockford 125-3
- 7 Noah Dietel 9 Litchfield 123-6
- 8 Octavius Winston 10 Dassel-Cokato 118-3
- 9 Jacob Decker 11 Dassel-Cokato 115-11
- 10 Isaac Cain 12 Howard Lake-Waverly-Winst 115-9
- 11 Zach Milner 12 Annandale 112-10
- 12 Seth Millerbernd 11 Howard Lake-Waverly-Winst 110-10
- 13 Bryce Gabrelcik 12 Dassel-Cokato 108-11
- 14 Dane Petersen 12 Glencoe-Silver Lake 106-5
- 15 Aaron Higgins 12 Glencoe-Silver Lake 103-0
- 16 Aidan Cruz 11 Howard Lake-Waverly-Winst 97-0
- 17 Joey Meier 12 Watertown-Mayer 96-7
- 18 Kyler Burmeister 10 Watertown-Mayer 94-10
- 19 Lucas Swenson 11 New London-Spicer 88-4
- 20 Brandon Kohls 10 Watertown-Mayer 85-10
- 21 Garret Leenstra 9 New London-Spicer 85-2
- 22 Dylan Bargmann 9 Glencoe-Silver Lake 84-10
- 23 Laytin Dechon 11 New London-Spicer 83-10

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Grace Schmidt 11 Litchfield 109-5
- 2 Jaelyn Baseman 12 Litchfield 103-9
- 3 Isabella Ruacho 12 Dassel-Cokato 103-2
- 4 Alicia Langbehn 12 Annandale 99-3
- 5 Madelynn Onell 11 Watertown-Mayer 94-1
- 6 Cloe Williams 11 New London-Spicer 94-0
- 7 Lexi Koch 11 Howard Lake-Waverly-Winst 90-4
- 8 Emma Daniels 9 Annandale 90-0
- 9 Mckenna Evans 8 Rockford 86-10
- 10 Chloe Kowalczyk 9 Litchfield 86-4
- 11 Katelynn Tortorella 12 New London-Spicer 83-4
- 12 Grace Reither 10 Howard Lake-Waverly-Winst 83-3
- 13 Carly Zeidler 11 Dassel-Cokato 79-4

- 14 Madisynne Gallagher 8 Dassel-Cokato 78-5
- 15 Jaqueline Lemke 12 Glencoe-Silver Lake 73-5
- 16 Roxanne Klein 9 New London-Spicer 71-7
- 17 Alaina Voss 12 Glencoe-Silver Lake 69-10
- 18 Emma Kallio 12 Howard Lake-Waverly-Winst 68-8
- 19 Lauren Betcher 10 Glencoe-Silver Lake 68-1
- 20 Emmy Bertram 9 Annandale 65-11
- 21 Emily Hanson 11 Watertown-Mayer 65-4
- Mallory Czinano 11 Watertown-Mayer DNS

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Henry Skinner 12 Rockford 6-0
- 2 Ty Kulavik 11 Rockford 6-0
- 3 Elijah Lofton 11 Litchfield 5-10
- 4 Michael Kovall 9 Annandale 5-10
- 5 Adam Braun 12 Annandale 5-8
- 6 Quinn London 11 Rockford 5-8
- 7 Jake Liebhard 12 Annandale 5-6
- 8 Jaxon Utecht 11 Dassel-Cokato 5-6
- 8 Durant Lara 10 Litchfield 5-6
- 10 Nick Nelson 10 Litchfield 5-6
- 11 Elijah Smock 8 Dassel-Cokato 5-4
- 11 Sawyer Kaczmarek 12 Glencoe-Silver Lake 5-4
- 11 Timmy Webber 9 Howard Lake-Waverly-Winst 5-4
- 11 Ben Ragner 12 Watertown-Mayer 5-4
- 15 Wyatt Gabrelcik 10 Watertown-Mayer 5-4
- 15 Micah Schmidt 9 Watertown-Mayer 5-4
- 17 Tate Link 12 Dassel-Cokato 5-4
- 18 Liam Christopherson 11 Howard Lake-Waverly-Winst 5-0
- James Lukach 10 Howard Lake-Waverly-Winst DNS
- Alexander Arandia 9 Glencoe-Silver Lake NH
- Chase Marxhausen 10 New London-Spicer NH

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Danica Pederson 9 New London-Spicer 5-2
- 2 Riley Freed 8 Rockford 5-0
- 3 Greta Hansen 12 Litchfield 5-0
- 4 Sophia Oscarson 12 Watertown-Mayer 4-10
- 5 Adelyn Johnson 9 Annandale 4-10
- 6 Elise Biorn 12 Rockford 4-10
- 7 Justine Miller 11 Rockford 4-8
- 7 Addison Peltier 9 New London-Spicer 4-8
- 9 Victoria Thorson 9 Howard Lake-Waverly-Winst 4-8
- 10 Alaina Koch 9 Howard Lake-Waverly-Winst 4-6
- 11 Emma Kallio 12 Howard Lake-Waverly-Winst 4-6
- 11 Thelia Johnson 10 Annandale 4-6
- 13 Kierra Lease 9 Litchfield 4-4
- 13 Taylor Munsch 9 New London-Spicer 4-4
- 15 Kate Jenkins 12 Dassel-Cokato 4-4
- 16 Katelyn Guggemos 9 Litchfield 4-2
- 17 Alice Gersema 10 Watertown-Mayer 4-2
- 18 Mariah Gutknecht 10 Glencoe-Silver Lake 4-0
- 19 Hailey Rasmussen 10 Watertown-Mayer 4-0
- Lauren Matzke 9 Glencoe-Silver Lake NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

=====

- 1 Brian Schloeder 11 Rockford 15-1
- 2 Tristan Faber 11 Rockford 13-0
- 3 Porter Matheson 11 Howard Lake-Waverly-Winst 10-6
- 3 Caden Schimelpfenig 9 Annandale 10-6
- 5 Isaiah Karels 11 Howard Lake-Waverly-Winst 10-6
- 6 Adam Boerboom 9 Rockford 9-6
- 7 Isaak Rust 12 Annandale 9-0
- 8 Jack Thein 10 New London-Spicer 8-6
- 9 Gavin Terning 9 Litchfield 8-0
- 10 Miguel Arandia 11 Glencoe-Silver Lake 7-6
- 10 Luke Jewison 10 Watertown-Mayer 7-6
- 12 Cody Sneller 10 Annandale 7-6
- 13 Ben Hartshorn 9 Watertown-Mayer 7-0
- 13 Isaac Dowdey 8 New London-Spicer 7-0
- 15 Deagan Weatherholt 9 Litchfield 7-0
- 15 Henry Koivisto 8 Dassel-Cokato 7-0
- Garrett Mills 8 Dassel-Cokato NH
- Caleb Michels 10 Howard Lake-Waverly-Winst NH
- Kole Christensen 9 Glencoe-Silver Lake NH
- Drew Isakson 9 Watertown-Mayer NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Raina Kaping 12 Litchfield 11-2
- 2 Dayne Lowe 12 Rockford 9-0
- 2 Isabelle Cox 12 Rockford 9-0
- 2 Alexandra Schloeder 10 Rockford 9-0
- 5 Avery Dierenfeld 12 New London-Spicer 8-6
- 6 Unity Kelly 11 Howard Lake-Waverly-Winst 8-0
- 7 Dani Poppler 11 Howard Lake-Waverly-Winst 8-0
- 7 Eva Sohl 11 Litchfield 8-0
- 9 Addison Anderson 9 Dassel-Cokato 7-6
- 10 Kimberly Aho 11 Dassel-Cokato 7-6
- 11 Charlotte Bekkala 9 Dassel-Cokato 7-0
- 11 Elizabeth Kluver 10 New London-Spicer 7-0
- 11 Kayla Holte 12 Annandale 7-0
- 14 Kaitlyn Preheim 10 New London-Spicer 7-0
- 15 Maggie Ireland 12 Howard Lake-Waverly-Winst 7-0
- 16 Kala Ziegler 9 Litchfield 6-0
- 17 Lauren Matzke 9 Glencoe-Silver Lake 6-0
- 17 Ava Ranzau 10 Glencoe-Silver Lake 6-0
- 17 Emily Hanson 11 Watertown-Mayer 6-0
- Kira Frisbie 12 Watertown-Mayer NH
- Ava Rousseau 11 Watertown-Mayer NH
- Michelle Alvarez 12 Glencoe-Silver Lake NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Brian Schloeder 11 Rockford 21-2
- 2 Lance Luchsinger 12 Howard Lake-Waverly-Winst 21-1.75
- 3 Harrison Brun 11 Rockford 20-7.25
- 4 Carter Herman 11 New London-Spicer 20-0.75
- 5 Henry Skinner 12 Rockford 19-10.5
- 6 Isaiah Wendlandt 12 New London-Spicer 19-10
- 7 Isaiah Turner 9 Annandale 19-7.25

- 8 Nick Nelson 10 Litchfield 19-5
- 9 Tyson Shoberg 12 Annandale 18-11.75
- 10 Sawyer Kaczmarek 12 Glencoe-Silver Lake 18-11.25
- 11 Brycen Christensen 12 New London-Spicer 18-9.75
- 12 Brayden Bushel 12 Annandale 18-6
- 13 Monte Gillman 11 Dassel-Cokato 18-3.25
- 14 Bruce Burau 11 Howard Lake-Waverly-Winst 18-1
- 15 Frank Terwey 11 Glencoe-Silver Lake 18-0.75
- 16 Durant Lara 10 Litchfield 16-8.5
- 17 Uriel Martinez 10 Glencoe-Silver Lake 16-8.25
- 18 Micah Schmidt 9 Watertown-Mayer 16-6.5
- 19 Lukas Kuehl 11 Litchfield 16-6.5
- 20 Nathan Behrens 11 Watertown-Mayer 16-4
- 21 Jack Jewison 11 Watertown-Mayer 16-3
- 22 Keenan Zillmer 10 Howard Lake-Waverly-Winst 14-9.25
- 23 Drake Stenberg 11 Dassel-Cokato 12-10
- Nicholas Eckoff 11 Dassel-Cokato DNS

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Lillia Chvatal 12 Litchfield 17-2
- 2 Elise Biorn 12 Rockford 16-4.25
- 3 Carlie Hermes 9 Annandale 16-0
- 4 Ellary Peterson 12 New London-Spicer 15-8
- 5 Katelyn Delzer 9 New London-Spicer 15-7.25
- 6 Maggie McCabe 11 Watertown-Mayer 15-6.25
- 7 Saraven Christensen 10 Dassel-Cokato 15-0.75
- 8 Ava Danielson 11 Watertown-Mayer 15-0.5
- 9 Mylea Monahan 10 Glencoe-Silver Lake 14-10.25
- 10 Autumn Kaczmarek 10 Glencoe-Silver Lake 14-8.25
- 11 Makayla Huber 10 Rockford 14-8
- 12 Brooke Bollman 10 Dassel-Cokato 14-7.25
- 13 Jackie Tepley 11 Howard Lake-Waverly-Winst 14-6.25
- 14 Miah Palacios 8 Annandale 14-6.25
- 15 Avery Dierenfeld 12 New London-Spicer 14-0.5
- 16 Alexis Boonstra 9 Howard Lake-Waverly-Winst 13-10.25
- 17 Olivia Wanous 10 Glencoe-Silver Lake 13-8
- 18 Laina Aho 11 Dassel-Cokato 13-5.75
- 19 Ellie Lommel 9 Watertown-Mayer 13-5.5
- 20 Anne Guggemos 8 Howard Lake-Waverly-Winst 13-5.25
- 21 Lucy Pennings 8 Rockford 13-5
- 22 Ella Rassier 9 Annandale 13-3.75
- 23 Josy Turck 7 Litchfield 13-2.5
- 24 Samantha Turck 10 Litchfield 11-10.75

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Lance Luchsinger 12 Howard Lake-Waverly-Winst 42-3
- 2 Carter Herman 11 New London-Spicer 40-10.75
- 3 Ty Kulavik 11 Rockford 40-7
- 4 Bryan Martinez 11 Annandale 40-4
- 5 Micah Schmidt 9 Watertown-Mayer 38-7
- 6 Nick Nelson 10 Litchfield 37-8
- 7 Elijah Smock 8 Dassel-Cokato 37-2.75
- 8 Timmy Webber 9 Howard Lake-Waverly-Winst 37-1.25
- 9 Kamryn Helget 9 Annandale 36-0
- 10 Taylor Daucsavage 10 New London-Spicer 34-0
- 11 Jack Van Nurden 8 New London-Spicer 32-10

- 12 Elijah Slinden 11 Litchfield 32-9.25
- 13 Caiden Franklin 9 Dassel-Cokato 32-5.5
- 14 Grant Pogreba 10 Watertown-Mayer 32-3
- 15 Cole Tauber 12 Rockford 32-2.5
- 16 Sam Gedde 10 Dassel-Cokato 31-5.5
- 17 Brodie Werner 8 Glencoe-Silver Lake 29-1
- 18 Yoed Gonzalez 9 Watertown-Mayer 26-1
- Harrison Brun 11 Rockford ND
- Griffin Zuehlke 9 Annandale ND

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

=====

- 1 Carlie Hermes 9 Annandale 35-2
- 2 Elise Biorn 12 Rockford 34-8
- 3 Greta Hansen 12 Litchfield 34-5.5
- 4 Maggie McCabe 11 Watertown-Mayer 34-4.25
- 5 Alexandra Schloeder 10 Rockford 33-8.25
- 6 Riley Freed 8 Rockford 33-3.5
- 7 Hallie Millerbernd 12 Howard Lake-Waverly-Winst 32-6.5
- 8 Riley Hintz 12 Howard Lake-Waverly-Winst 31-3.5
- 9 Ava Danielson 11 Watertown-Mayer 31-0.5
- 10 Kate Neuman 10 Annandale 29-11.25
- 11 Mackenzie Hartl 12 Dassel-Cokato 29-8
- 12 Abby Plahn 9 Watertown-Mayer 29-7
- 13 Kayla Reuss 10 New London-Spicer 29-1.25
- 14 Olivia Wanous 10 Glencoe-Silver Lake 28-6.75
- 15 Kierra Lease 9 Litchfield 28-5.25
- 16 Ally Schmidt 8 Howard Lake-Waverly-Winst 27-6
- 17 Thelia Johnson 10 Annandale 26-7
- 18 Molly Patten 8 Litchfield 26-5
- 19 Peyton Dahl 10 New London-Spicer 26-3
- 20 Addison Peltier 9 New London-Spicer 25-6